

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Labor Day <b>No School</b></p> <p><b>2</b></p>	<p>Cheesy Kale Bake Cottage Cheese Fresh Green Salad Fruit Skim or 1% milk</p> <p><b>3</b></p>	<p>Maple Apple French toast Bake Vanilla yogurt Veggie Medley Fruit Skim or 1% milk</p> <p><b>4</b></p>	<p>Bean Burrito Spanish rice Fresh green salad Fruit Skim or 1% milk</p> <p><b>5</b></p>	<p>Pizza! Cottage Cheese Fresh green salad Fruit Skim or 1% milk</p> <p><b>6</b></p>
<p>Sloppy Lentil Joes On a whole grain bun Coleslaw Veggie Medley Fruit Skim or 1% milk</p> <p><b>9</b></p>	<p>Swiss chard frittata Sweet potato bread squares Fresh green salad Fruit Skim or 1% milk</p> <p><b>10</b></p>	<p>Tomato Soup Grilled Cheese Sandwich Fresh green salad Fruit Skim or 1% milk</p> <p><b>11</b></p>	<p><b>12</b></p>	<p>Bean and Rice Burrito Cherry tomato and corn salad Fresh green salad Fruit Skim or 1% milk</p> <p><b>13</b></p>
<p>Haystacks W/all the fixings Brown Rice Veggie Medley Fruit Skim or 1% milk</p> <p><b>16</b></p>	<p>Mrs. Sally's Mac N Cheese Roasted roots Fresh green salad Fruit Skim or 1% milk</p> <p><b>17</b></p>	<p>Lentil soup Cornbread Fresh green salad Fruit Skim or 1% milk</p> <p><b>18</b></p>	<p>Beanie Burgers w/fixings On a whole grain bun Coleslaw Veggie Medley Fruit Skim or 1% milk</p> <p><b>19</b></p>	<p>Fiesta wrap Fresh green salad Fruit Skim or 1% milk</p> <p><b>20</b></p>
<p>Spaghetti w/Marinara Cottage Cheese Fresh green salad Fruit Skim or 1% milk</p> <p><b>23</b></p>	<p>Baked Potato Homemade chili w/cheese &amp; sour cream Corn bread Fresh green salad Fruit Skim or 1% milk</p> <p><b>24</b></p>	<p>Spinach, leek &amp; brown rice pie Dinner roll Fresh green salad Fruit Skim or 1% milk</p> <p><b>25</b></p>	<p>Potato Cauliflower soup Cottage Cheese Pumpkin Squares Fresh green salad Fruit Skim or 1% milk</p> <p><b>26</b></p>	<p>Yumm Bowls Fresh green salad Fruit Skim or 1% milk</p> <p><b>27</b></p>
<p>Southwestern White bean Soup Corn bread Fresh green salad Fruit Skim or 1% milk</p> <p><b>30</b></p>				



Ratatouille served over  
Whole wheat pasta  
Fresh green salad  
Fruit  
Skim or 1% milk

Monday

Tuesday

Wednesday

Thursday

Friday

2

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4

5

6

Menu is subject to change given availability of food items.  
This institution is an equal opportunity provider.

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